

a course for leadership graduates

JOURNEY WITHIN

a 6-month practice in surrendering to discover true harmony, joy, inner peace, and self acceptance



Journey Within is a 6-month transformational process that picks up where Leadership left off. In LP, the focus was on achieving extraordinary goals. In Journey Within, the pursuit is on creating an extraordinary life of joy, inner peace, harmony and self-acceptance – otherwise known as wholeness.

To accomplish this, Journey focuses inward. The purpose of the training is not to arrive at a goal, but to reveal the process by which you may create the experience of life that you seek from moment to moment.

From Resistance To Surrender

The Discovery workshop taught that every negative or limiting pattern of behavior is an act of resistance – an attempt to minimize risk, avoid pain, or prevent loss.

But, in spite of what our rational minds tell us, what we resist persists. By resisting, we create over and over again the very negative experiences we're trying so hard to avoid. As a result, we tend to repeat patterns that are limiting and self-defeating.

Paradoxically, the only way out of these historic cycles is to give up resisting – to surrender completely to the truth of who we are, and the reality of what is. This happens through the practice of surrender.

How the Journey Works

Over the course of 6 months, you'll come face to face with the ways that you continue to resist yourself, the people around you, and the events in your life. You'll be guided to release your resistance by giving up expectations, comparisons, judgments, and the need to be in control. As you live more fully in the present, you rediscover the ease & serenity that come from being in harmony with yourself, and with the flow of life.

You'll learn to conquer fear by following the centuries-old path of the spiritual warrior in your everyday life. You'll be taught specific techniques for relaxing your body, calming your emotions, and quieting your mind. In the process, you'll learn to approach life with clarity and certainty, without the need for manipulation or avoidance. Instead of continuing to fight against those issues that

cause you difficulty or unhappiness, you'll learn to stop fighting – freeing yourself from suffering in its many forms. When fear subsides, you're left with the experience of true inner peace.

In Journey Within, you may finally learn to fully accept yourself, others, and life as is.

As your experience of acceptance grows and separation minimizes, you'll feel whole and complete – more at home within yourself. From this oneness comes not just temporary happiness, but lasting joy and satisfaction.

What's Included in the Journey

Journey is \$2750 and includes the following over the 6 months:

- Three Weekend Trainings
- Monthly Evening Coaching Sessions
- Weekly Structured Meetings
- Daily Readings from the Eastern and Western Philosophical, Literary, and Spiritual Traditions
- Daily Writing Assignments
- Daily Meditation and Physical Movement Exercises
- Personalized Journey Within Journal

CHOICECENTER LEADERSHIP UNIVERSITY SIGNATURE ENROLLMENT FORM

SELECT:

- VIP Program
 Business Mastery
 Goddess Retreat
 Masters
 Men's Retreat
 Ecstasy of Relationships
 Samurai
 Journey Within

Date of Course:	Today's Date:
Last Name:	First Name:
Name I prefer to be called:	Birth date:
Address:	City and Zip Code:
Occupation:	E-mail:
Employer:	Fax:
My Phone Numbers	Who referred Me:
Home:	Name:
Work:	His/Her LV:
Cellular:	His/Her Cell #:

COURSE AND TUITION OPTIONS:

Masters & Samurai: \$595

Relationship: \$595 per person **OR \$895** per couple. Deposit for couple is \$600.

Men's Retreat: \$1,444. Tuition must be paid in full at time of registration due to limited training size.

Goddess Retreat: \$2,444. Tuition must be paid in full at time of registration due to limited training size.

Journey Within: \$2,750. This is a 6 month, 3 weekend course.

VIP Access: \$683 onetime charge OR \$199 up front and 11 x \$44 monthly payments: Take 2 \$595 Signature courses within the year.

Business Transformation: \$4,000.

METHOD OF PAYMENT FOR TUITION

Credit Card (Fill out information below)
 Check _____
 Cash _____

Please check applicable card:
 VISA
 MASTERCARD
 DISCOVER
 AMEX

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Credit Card Number

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Exp. Date (MM/YY)

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Security Code

Name on card (Please print) _____

Billing Address (Street, City, State, ZIP) _____ Check here if address is same as above

If less than the full amount, balance to be paid by: ____/____/____

AMOUNT RECEIVED/TO CHARGE: \$

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NOTE: Tuition must be paid in full 10 days prior to the training. A \$50 late registration fee will apply if registration is completed thereafter. All tuition is entirely non-refundable. Amounts above the \$300 deposit may be transferred to another training or another participant for 12 months.

PERSONAL GOALS AND ACCOMPLISHMENTS

Indicate - in very specific terms - the results that you want to achieve through your participation in this training.

1.

2.

3.

My signature below indicates my intention to participate in the ChoiceCenter Personal Development and Leadership Legacy trainings specified above. I agree that \$300 is the minimum amount to reserve my seat in the training and is a non-refundable and non-transferable fee. I agree that a \$50 late registration fee will apply if I do not complete my tuition at least 10 days before the course date. All tuition is entirely non-refundable. If paying by credit card, I agree to pay the total amount according to the card issuer agreement. Registration is date specific.

SIGNATURE _____ DATE _____